

TEN MILE RIVER - MENU 2018

CYCLE A

Ranachqua WEEKS 1,3,5

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------|--|--|--|--|---|---|--|
| Breakfast | Closed | Pancakes Syrup Sausage Cereal OJ Milk PB&J | Scrambled Eggs Homefries Coffee Cake Cereal Apple Juice Milk PB&J | French Toast Syrup Ham Cereal OJ Milk PB&J | Western Omelette Hashbrowns Cereal Apple Juice Milk PB&J | Pancakes Syrup Bacon Cereal OJ Milk PB&J | Continental Baked Goods Fresh Fruit Cereal Apple Juice Milk PB&J |
| | | M & S | K | M & S | K | M & S | |
| Lunch | Closed | Chicken Nuggets W/ BBQ Sauce French Fries Baked Dessert PB&J Milk Beverage | Sloppy Joes Soft Roll Tater Tots Pickle Spear Choc Pudding PB&J Milk Beverage | Grilled Cheese Sandwiches Potato Chips Brownies PB&J Milk Beverage | Chicken Patties Hamburg Bun Pretzels Ice Cream PB&J Milk Beverage | Pizza Cheese & Pepperoni Potato Chips Cookies PB&J Milk Beverage | Closed |
| | | K | K | K | Mayo | | |
| Dinner | BBQ Chicken Sweet Corn Potato Chips Watermelon Salad PB&J Milk Beverage | Roasted Pork Roasted Potato Green Beans Applesauce Cookies PB&J Milk Beverage | Baked Ziti W/ Meatsauce Broccoli Garlic Bread Cake PB&J Milk Beverage | Chicken Parm Pasta veggies Dessert PB&J Milk Beverage | Turkey W/ Mashed Potato Gravy Carrots Apple Pie PB&J Milk Beverage | Camp BBQ Hamburgers Hotdogs Sweet Corn Potato Chips Watermelon Milk Beverage | Closed |
| | | | | Mega Cookout | | | |

Menu Subject To Change

Fresh Salad Bar available @ Lucnch & Dinner Meals

Fresh Fruit Available @ All meals

Bread, PB&J Available @ All meals

TEN MILE RIVER - MENU 2018

CYCLE B

Ranachqua WEEKS 0,2,4,6

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------|--|--|---|---|---|---|--|
| Breakfast | Closed | Pancakes Syrup Sausage Cereal OJ Milk PB&J | Scrambled Eggs Homefries Coffee Cake Cereal Apple Juice Milk PB&J | French Toast Syrup Ham Cereal OJ Milk PB&J | Western Omelette Hashbrowns Cereal Apple Juice Milk PB&J | Pancakes Syrup Bacon Cereal OJ Milk PB&J | Continental Baked Goods Fresh Fruit Cereal Apple Juice Milk PB&J |
| | | M & S | K | M & S | K | M & S | |
| Lunch | Closed | Sausage & Peppers Hogie Bun French Fries Brownies PB&J Milk Beverage | Tacos Soft Taco Shell Spanish Rice Tom/Lett/Cheese Corn Bread PB&J Milk Beverage | Pizza Cheese & Pepperoni Potato Chips Cookies PB&J Milk Beverage | Grilled Cheese Sandwiches Tater Tots Applesauce PB&J Milk Beverage | Chicken Nuggets W/ BBQ Sauce French Fries Choc Pudding PB&J Milk Beverage | Closed |
| | | K | | | K | K | |
| Dinner | BBQ Chicken Sweet Corn Potato Chips Watermelon Salad PB&J Milk Beverage | Turkey W/ Mashed Potato Gravy Corn Apple Pie PB&J Milk Beverage | Spaghetti & Meatballs Veggies Garlic Bread Iced Cake PB&J Milk Beverage | Chicken Parm Pasta veggies Dessert PB&J Milk Beverage | Baked Chicken Mashed Potato Gravy Veggies Ice cream PB&J Milk Beverage | Camp BBQ Hamburgers Hotdogs Sweet Corn Potato Chips Watermelon Milk Beverage | Closed |
| | | | | Mega Cookout | | | |

Menu Subject To Change

Fresh Salad Bar available @ Lunch & Dinner Meals

Fresh Fruit Available @ All meals

Bread, PB&J Available @ All meals